

Srikumar Rao's Guide to Eliminating Stress & Anxiety for Professionals & Others

Sunday, February 12, 2017

***Stetson Law School - Gulfport Campus
1401 61st Street South, St. Petersburg, FL 33707***

Dr. Srikumar Rao, in his celebrated workshop, will show you how to virtually eliminate stress from your life. He has helped thousands of successful entrepreneurs and executives, and his methods are effective because they do not attempt to attack stress directly. Instead, Dr. Rao will show you how mistaken you might be in your thinking about what really causes stress in your life and teach you how to change your mental models to align with your new understanding.

This six-hour workshop will be a private event held by The Rao Institute at the request of Alan Gassman and friends. This event will be provided for a limited number of attendees at a cost of \$475 per person. Space is expected to fill up quickly, so don't delay—RSVP today!



Dr. Srikumar Rao is the creator of the original Creativity and Personal Mastery (CPM) course that has helped thousands of executives and entrepreneurs achieve quantum leaps in effectiveness. He earned a Ph.D. in Marketing from Columbia University and is the author of *Happiness at Work* and *Are You Ready to Succeed?*, which has been published in over 60 languages. More information about Dr. Rao and his program can be found at <http://theraoinstitute.com/>.

Please email Alan Gassman at agassman@gassmanpa.com
for more information or to RSVP.